

你儂我儂

You're a sweetheart, I'm a sweetheart

以弗所書5: 22-28 Ephesians 5:22-28

大綱 Outline:

1. 理解和溝通

Understanding and communication

2. 尊重和信任

Respect and trust

3. 包容和順服

Tolerance and obedience

4. 澆灌和成長

Cultivation and growth

結論：夫妻相愛需要彼此的接納和尊重。

Conclusion: Couples in love need to accept and respect each other.

金句：歌林多前書13:4-7

<sup>4</sup>愛是恆久忍耐，又有恩慈；愛是不嫉妒；愛是不自誇，不張狂，<sup>5</sup>不做害羞的事，不求自己的益處，不輕易發怒，不計算人的惡，<sup>6</sup>不喜歡不義，只喜歡真理；<sup>7</sup>凡事包容，凡事相信，凡事盼望，凡事忍耐。

Gold Verse: 1 Corinthians 13:4-7

<sup>4</sup>Love is patient, love is kind. It does not envy, it does not boast, it is not proud. <sup>5</sup>It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

<sup>6</sup>Love does not delight in evil but rejoices with the truth. <sup>7</sup>It always protects, always trusts, always hopes, always perseveres.

每日讀經：從詩篇第129章開始讀7章。

Daily Bible Readings: 7 chapters starting from Psalms 129.